

## Hotels at Mysore (STD Code 0821)

Name of the Hotel	Phone Nos.
1. Hotel Vyshak & Vyshak Residency, Mysore	2421777
2. Hotel Darshan Palace, Lokaranjan Mahal Road, Mysore	2564083
3. Hotel Dasaprakash Paradise, Yadavagiri, Mysore	2515655
4. Hotel Govardhan, Harsha Road, Mysore	2434118
5. Hotel Lalitha Mahal Palace, Mysore	2470470
6. Hotel Mayura Hoysala KSTDC, JLB Road, Mysore	2425349
7. Hotel Maurya Palace, Harsha Road, Mysore	2435912
8. Hotel Nalpad Residency	2491117
9. Maurya Residency, Harsha Road, Mysore	2523375
10. Hotel Palace Plaza, Harsha Road, Mysore	2430034
11. Hotel Parklane, Harsha Road, Mysore	2430400
12. Hotel Maruthi, B.N. Road, Mysore	2442452
13. Hotel Guptha, Ashoka Road, Mysore	2449002
14. Hotel Maharaja, JLB Road, Mysore	2426665
15. Hotel Indra Bhavan, Dhanvanthri Road, Mysore	2423660
16. Hotel Gayathri, Dhanvanthri Road, Mysore	2425654
17. Hotel President, B.N. Road, Mysore	2425117
18. Hotel Sandesh De Prince, Nazarbad, Mysore	2436777
19. Quality Inn Southern Star, Vinoba Road, Mysore	2426426
20. Hotel Ramanashree, B.N. Road, Mysore	2522202
21. Hotel Ritz, B.N. Road, Mysore	2422668
21. Hotel Roopa, B.N. Road, Mysore	2443770
22. Hotel Royal Inn, KRS Road, Mysore	2415153
23. Hotel SCVDS, Harsha Road, Mysore	2421379
24. Hotel Siddartha, Nazarbad, Mysore	2522999
25. Hotel Chandra Palace, K.T. Street, Mysore	2471333
26. Hotel Viceroy, Harsha Road, Mysore	2424001

Name of the Hotel	Phone Nos.
27. Hotel Shringar International, Bannimantapa Road, Mysore	2493294
28. Hotel Mysore Complex, B.N. Road, Mysore	2426217
29. Mayura Yatrivas KSTDC, JLB Road, Mysore	2423492
30. Hotel Roost, Hinkal, Mysore.	2519364
31. Hotel Pai Vista	2521111
32. Hotel Adhi Manor	4001000
33. Chitravana Resorts, H.D. Kote Road, Mysore	2597794/ 95

## Yoga & Health Clubs

### Yoga

Yoga is a system of exercises for physical and mental well being. It combines stylised poses with deep breathing and meditation. The term Yoga is itself derived from a Sanskrit word meaning to join together. The ultimate aim in Yoga is to unite the human soul with the universal spirit.

Yoga was developed about five thousand years ago. The first written description was found in "Yoga Sutras" attributed to Patanjali. According to Patanjali, within the human body there are channels called Nadi and centres called Chakra. If these channels and centres are tapped, energy hidden in the body can be released.

Diseases such as Asthma, Kidney problems, eye, stomach, ortho, etc. are cured by Yoga.

### Yoga Centres

Sri K. Pattabhi Jois, Yogasana Visharada Vedanta Vidwan, # 235, 8th cross, 3rd stage, Gokulam

**Sri B.N.S. Iyengar**, Sri Patanjali Yoga Shala, Sri Parakalamutt, Jagan Mohan Palace Circle.

**Pranava Yogadhama Trust**, (Jayakumar Swamishri), Kannada Sahitya Parishat Complex, Kannada Sahitya Parishat Road, Vijayanagar 1st Stage.

**Sri Upanishath Yoga Centre**, Tel: 2362294, 2541801, 9844194876

**Indus Valley Ayurvedic Centre**, Lalithadripura, Tel: 2473437

**Access** : 7 km from Mysore railway station, 5 km from Mysore bus stand.

The best Ayurvedic centre in Mysore rated one among the best 50 spas in the world.

Reservation at Mysore Tel: 0821-2444444, at Bangalore Tel: 080-25200001



### **Swaasthya Ayurveda Retreat Village.**

For Best Ayurvedic treatments, which is free from pollution and stress of the outer world.

Off- Mysore Bangalore Highway, Phone : 08236-217476, Mobile : 94482 82116

### **Agarbathi**

Gopika Perfumery Works, Ramanuja Road, Tel: 2529290

N. Ranga Rao & Sons, 1553, M.G. Road, Tel: 2521227

Sunandaa Agarbathies, New Sayyaji Rao Road, Bamboo Bazar, Tel: 5287484

Vasu Agarbathies, New Sayyaji Rao Road, Tel: 2492410

Veeyes Industries, 13/10, New Sayyaji Rao Road, Bamboo Bazar, Tel: 2494973



### **Airline Offices**

Indian Airlines Ltd., Hotel Mayura, JLB Road. Tel: 2421846

Skyway International Travels, 370/4, JLB Road. Tel: 2444444 Fax: 2426000

Represents all domestic and international airlines. Reconfirmation, change of dates, rerouting etc., are handled at Mysore. IATA approved.

### **Tourist Information Centres**

Department of Tourism, Old Exhibition Building, Irwin Road. Tel: 2422096

KSTDC Office, Hotel Mayura Yathrinivasa, JLB Road. Tel: 2423652

Jungle Lodges and Resorts Ltd., Hotel Metropole, JLB Road. Tel: 2422222

Skyway International Travels, 370/4, JLB Road. Tel: 2444444, Fax: 2426000

Mysore International Travels Agency, Chamaraja Double Road, Tel: 2520031

Bharath International Travels, 576, Dewan's Road. Tel: 2333390, 2333362

Dasaprakash Travels, Hotel Dasaprakash, Gandhi Square, Tel: 2444455

Safewheels, Prashanth Plaza, Saraswathipuram, Tel: 2342543

Siddartha Tours, Hotel Siddartha, Nazarbad, Tel: 2444155

Ashok Tours & Travels, V. V. Mohall, Tel: 2513823, Mob: 98440 71630

### **Internet Parlours**

Arkashri Cyber Hut, Raja Bhandar Building, Gandhi Square. Tel: 2434954

Cyber Concepts, II Floor, Tribhuvan Towers, Dewan's Road, Off Dhavanthri Road,

Tel: 2429283, 2482536

Cyber Cruise, # 202, Cheluvamba Agrahara, K.R. Mohalla. Tel: 2440428

Cyber Line, Behind Khatta Meetha, Rajkamal Talkies Road, Dhavanthri Road Cross, Tel: 2436106, 2420025

Cyber Net Corner, Dhanvanthri Road

### **Banks**

Bank of India, 187/A, Old Mysore Bank Road, Tel: 2442833

Central Bank of India, 3/4, K.R. Circle, Tel: 2423135

State Bank of India, Mothikhana Buildings, Sayyaji Rao Road, Tel: 2439640, 2439613

Commercial Branch, Chamundipuram, Tel: 2439640, 2330396

State Bank of Mysore, Treasury Branch, P.B. No. 7, SBM Building, # 61, Ashoka Road, Tel: 2563689

### **ATMs / Credit Cards**

Skyway International Travels, 370/4, JLB Road, Tel: 2444444 Fax: 2426000  
American Express Rep. in Mysore.

CAN Card, Divisional Office, Guest House Road, Nazarbad, Tel: 2448751

Citi Bank Cards (Franchisee), 8th Main, 5th Cross, Saraswathipuram

ICICI Bank Credit Cards, C/o Fast Track Solutions, # 16/1, Shivanna Complex  
Kalidasa Road, VV Mohalla, Tel: 2511433

State Bank of India Cards, Mothikhana Buildings, Sayyaji Rao Road, Tel: 2439640

Money Changer, # 13/1 3A, Gandhi Square, Mysore - 01, Ph: 5288436  
Mobile: 98801 97436

### **Post and Speed Post**

Head Post Office, Janata Bazar Building, Irwin Road, Tel: 1914 244165

Speed Post, Post Office, Janata Bazar, New Sayyaji Rao Road, Tel: 2522598

### **Foreign Exchange Dealers**

Skyway International Travels, 370/4, JLB Road, Tel: 2444444 Fax: 2426000

LKP Forex, I I/D, 1st Floor, D. Devaraja Urs Road, Tel: 2420090

Wall Street Finance Ltd., # 53, I Floor, D. Devaraja Urs Road, Tel: 2331309, 2331459





### Colour Labs

- Classic Colour Lab**, Devaraj Urs Road, Tel: 2427843
- Express Colour Lab**, Maharaja Shopping Complex, Opp. Suburban Bus Stand, Tel: 2563345, 2441460
- Kodak Express Colour Lab**, # 16, Old Bank Road, Tel: 2435550
- Rekha Colour Lab**, # 515, Dhanvanthri Road, Tel: 2420043  
# 142, D. Devaraja Urs Road, Tel: 2426662
- Crystal Colour Lab**, # 16, Dhanvanthri Complex, Dhanvanthri Road, Tel: 2428573, 2425054
- Danti Colour Lab**, K.R. Circle, Tel: 2429207
- Darshan Studio**, # 14/1, 1 Floor, D. Devaraja Urs Road, Tel: 2444464
- Empire Studio**, # 19, Dhavanthri Complex, Dhavanthri Road, Tel: 2425204
- Express Colour Lab**, B.N. Road, (opp to KSRTC Bus Stop), Tel: 2563345, 2441460

### Hospitals/Nursing Homes

- Aadarsh Hospital**, I Main Road, Contour Road, Gokulam III Stage, Tel: 2526475, 2516476
- Aadithya Hospital**, I Main Road, Contour Road, Gokulam III Stage, Tel: 2513532, 2512532
- Akshaya Nursing Home**, # 105B, Siddartha Nagar, Tel: 2471237
- K.R. Hospital**, Mysore, Tel: 2429800
- Basappa Memorial Hospital**, # 22/Bm Vinoba Road, Hunsur Road, Jayalakshimpuram, Tel: 2512401, 2511671, 2511771
- BGS Apollo Hospital**, Adichunchanagiri Road, Kuvempunagar, Tel: 2566666, 2568888
- Chandrakala Hospital**, Kalidasa Road, Jayalakshimpuram, Tel: 2517809
- Holdsworth Memorial Hospital**, P.O. Box.No. 38, Mandi Mohalla, Tel: 2521650
- JSS Hospital**, Ramanuja Road, Tel: 2563845, 2563843
- Kamakshi Hospital**, Kuvempunagar, Tel: 2545981, 2545982
- Mediwave Fertility Research Centre & Semen Bank**, City X-ray Complex, Sayyaji Rao Road, Tel: 2444441
- Sita Ranga Nursing home / Hospital**, # 1659, NS Road, K.R. Mohalla, Tel: 2443507, 2445151, 5250151
- Vikram Hospital & Heart Centre**, # 46, Vivekananda Road, Yadavagiri -20, Tel: 2412121
- Raghualal Health Mart**, General Thimmaiah Road, Vijayanagar 1st Stage, Tel: 2413812, 2413832

### Swimming Pools

- CFTRI Swimming Pool**, CFTRI Campus, Tel: 2514760
- Lalithamahal Palace Hotel**, Siddarthanagar, Tel: 2474266 Upto 68, 70, 72 to 74
- Quality Inn Southern Star**, Vinoba Road, Tel: 2426426, 2427427
- University Swimming Pool**, Saraswathipuram
- Metropole Hotel**, Jhansi Lakshmi Bai Road

### Guest Houses

- Administrative Training Institute**, Nazarbad, Tel: 2520906
- CFTRI Guest House**, V. V. Mohalla, Tel: 2515520
- Chamundi Guest House**, Jhansi Lakshmi Bai Road, Tel: 2455252
- Forest Department Guest House**, Wood Yard, Mysore South, Tel: 2482102
- Govt. Guest House**, Nazarbad, Tel: 2520653
- Jaladarshini Guest House**, Vinoba Road, Tel: 2521900
- PWD Guest House**, Nazarbad
- Southern Railway Guest House**, Ashokapuram, Tel: 2521451, 2516047
- University Guest House**, Manasagangothri, Tel: 2515712

### Clubs

- Cosmopolitan Club**, Dr. Radhakrishna Avenue, Tel: 2423881
- Garden Tennis Club**, Guest House Road -4, Tel: 2564582
- Sri Jayachamarajendra Wodeyar Golf Club**, Race Course Road, Indiranagar, Tel: 2538457
- Sri Kanteerava Narasimharaja Sports Club (Mysore Sports Club)**  
Lalithamahal Palace Road, Tel: 2520743, 2442520
- Mysore Tennis Club**, Near Law Courts, Chamarajapuram, Tel: 2330463
- Urs Gymkhana Club**, Race Course Road, Tel: 2442056
- Vanivilas Ladies Club**, Near Taluk Office, Tel: 2443199
- Vontikoppal Club**, Vanivilas Mohalla, Tel: 2513625

### Foreigner Registration & Visa Extension Office

- Office of the Police Commissioner**, Nazarbad, Tel: 2564252
- Office of the Superintendent of Police**, Jalapuri, Tel: 2441551



### A few useful phrases in the local language

English	Pronunciation in Kannada
Hello	namaskara
Welcome	suswagatha
How are you?	hegiddeera?
Fine	chennagiddeeni
Glad to meet you	nimmannu beti madiddu santhoshavayithu
What is your name?	nimma hesarenu?
I am Ram	nanu rama
Come in	olage banni
Sitdown	kulithukolli
Stop	nilli
Go forward	munde hogi
Go back	hinde hogi
Go straight	neravagi hogi
I want to get down here	naanu illi iliyuthini
Next stop	mundina nildaana
Listen	keli
Please	dayavittu
Thank you	vandanegalu
Goodbye	hogibanuthene
I want	beku
Can you help me please?	dayavittu nange sahaaya maduvira
I agree	oppikolluthene
I disagree	oppikolluvudilla
Good	olleyadu
Congratulations	shubashayagalu
I request (you)	nanu kelikolluthene
Thanks a lot	thumba dhanyavadagalu
Excuse me/sorry	kshamisi
I apologise	kshameyachisuthene
Let's go	horadonave
How much will it cost?	adakke yeshtu bele?
Is this water good for drinking	neeru kudiyalyu yogyave

### A few useful phrases in the local language

Can I make a phone call from here?	nanu illinda phone madabahude?
Where can I hire a taxi?	baadige vaahanagalu yelli siguvudu?
Where does this road go?	ee dari yellige hoguthade?
Numbers: 0 (sonne), 1 (ondu), 2 (eradu), 3 (mooru), 4 (nalaku), 5 (aiydu), 6 (amu), 7 (yelu), 8 (yentu), 9 (ombathu), 10 (hathu)	

### Train Timings

#### Mysore to Bangalore

Train No.			
231/232	Passenger	Daily (except Sunday)	5.55
6215/6216	Chamundi Express	*	6.45
6205/6206	Tippu Express	*	11.00
2008/2007	Shatabdi Express	*(Except Tue)	14.20
237/238	Passenger	*(Except Sun)	14.35
6832/6831	Tanjavoor Express	Daily	15.45
6217/6218	Swarnajayanthi	Friday	16.20
213/214	Tirupathi passenger	Daily	17.00
6732/6731	Tutricorin Express	Daily	18.00
233/234	Passenger	Daily	23.30

#### Chennai

2008/2007	Shatabdhi	Daily (except Tue)	14.20
	Trichy / Tanjour	Daily	15.45
	Hubli/Belgum	Thursday	6.20

#### Hassan - Arasikere

262/261	Passenger	Daily	7.30
268/267	Shimoga Passenger	Daily	10.15
266/265	Passenger	Daily	18.20





## Bus Timings

Destination	Type of Service	Departure Time	Destination	Service	Timings
Ananthpur	Ordinary	10.45	Dhanwad	Deluxe	22.00
Arasikere	Express	7.00, 8.20, 11.45, 12.15, 13.15, 1.45, 3.30, 16.15, (via Channarayapatna) 19.30	Emakulam	Rajahamsa	18.15, 20.35, 21.15, 22.45
B.R. Hills	Express	6.45, 15.00, 15.15	Gommattagiri		11.00, 13.00, 17.00
Badami	Express	17.30	Gokarna	Express	6.00
Bangalore	Non Stop	Every 10 minutes 5.45 to 21.00 hours Super Deluxe every 45 mts	Hassan	Express	4.30, 5.00, 5.15, 7.45, 8.30, 9.00, 9.45, 19.00, 12.45, 13.00, 13.30, 14.15, 14.30, 14.30, 15.30, 17.00, 18.30, 19.30
Bannur	Ordinary	7.00, 7.15, 8.00, 9.10, 10.00, 11.10, 12.00, 13.10, 14.20, 12.00, 13.10, 14.20, 15.20, 16.20, 17.20, 18.15	Murudeshwara	Deluxe	21.00
Belgum	Express	6.15, 21.00, 20.15	Nanjangud	Express	Every 20 mts, 6.45 to 21.30
Baghamandala	Express	8.00, 8.45, 12.00, 12.45, 13.00, 15.00, 15.15, 16.30, Via Madkeri 18.45, Via Virajpet 16.45	Ooty	Express	7.00, 9.00, 10.00, 12.45, 14.00, 15.00, 21.15
Bijapur	Express	13.00		Rajahamsa	00.30, 1.00, 12.15, 13.00, 13.30
Bluff	Express	15.00	Panaji	Semi deluxe	16.00, 17.00
Calicut	Express	5.30, 13.00, 10.30, 1.00, 1.30, 12.30	Shimoga	Express	6.15, 8.15, 10.00, 10.45, 11.15, 11.30, 12.00, 12.45, 3.30, 14.45, 15.00, 16.00, 19.00, 20.00, 21.30, 22.15, 23.00
Cannanore	Express	7.15, 8.15, 10.00, 13.15, 14.45, 22.30, 23.00	Shimoga	Express	8.45, 11.30, 14.00, 16.40
	Deluxe	00.15, 11.30, 12.00	Sringeri	Express	13.30, 21.00
Channarayapatna	Express	8.40, 11.30, 12.00, 13.45, 15.15, 16.15, 17.00, 17.00, 17.15, 17.30, 17.45, 18.45	T. Narasipur	Express	7.00, 10.45, 14.30, 6.30, 7.20, 9.00, 9.50, 11.30, 12.20, 14.00, 14.50
Chennai	Rajahamsa	19.30 (via Chittur)	Talacheri	Express	00.20, 4.25, 6.45, 9.00, 11.00, 23.15
Chennai	Rajahamsa	16.30, 18.30 (via Hosur)	Trichur	Express	8.00, 20.00
Chikkamangalore	Express	6.00, 6.15, 7.00, 7.30, 7.45, 8.00, 8.15, 9.30, 9.45, 10.00, 10.15, 11.45, 12.00, 12.15, 16.00, 16.30, 16.45, 17.30	Semi Deluxe	19.00, 20.30	
Chitradurga	Express	6.00, 12.45, 14.00	Tirupathi	Express	8.00, 10.30, 11.00
Coimbatore	Express	1.00, 1.15, 6.00, 7.15, 8.10, 10.15, 12.30, 14.00, 15.00, 16.00, 16.50, 22.30, 23.00	Trivendrum	Rajahamsa	19.30
	Rajahamsa	13.00, 13.20, 22.15	Udupi	Rajahamsa	19.15
Coonoor	Rajahamsa	1.00	Rajahamsa	22.00	
Dharmastala	Express	5.30, 9.15, 10.00, 10.45, 12.30, 12.50, 20.30, 21.30, 22.30	Express	7.00, 7.30, 19.30	
	Rajahamsa	14.00, 23.00	Semi Deluxe	20.00	
			Express	8.30	
			Rajahamsa	16.00	
			Express	20.15	
			Kuduremukha	Express	11.15, 19.00 (via Chikkamagalur)
			Kumbakonum	Express	19.00
			MMHills	Express	7.45, 13.00
			Madurai	Express	22.30 (via Erode)
			Madikeri	Express	1.15, 2.15, 3.00, 4.00, 9.15, 9.30, 9.45, 11.00, 12.15, (via Kushalnagar) 12.30, 13.00, 13.15, 13.50, 13.45, 14.15, 14.30, 14.45, 15.00, 18.30, 18.45, 23.00



**For further information contact:**

**Office of the Asst. Director**

Dept. of Tourism, Old Exhibition Building  
Irwin Road, Mysore - 570 021  
Phone:0821 - 2422096, Fax:0821 - 2421833

**Office of the Asst. Director**

Dept. of Tourism, Chamarajanagar  
Tel:08226 - 226512

**Tourist Officer**

Dept. of Tourism,  
Near Vally View Hotel, Madikeri, Kodagu District.  
Tel:08272 - 228580

**Tourist Officer**

Dept. of Tourism, Near PES College, Mandya  
Tel:08232 - 238377

**Director of Tourism**

Kanija Bhavan, No. 49, II Floor  
Race Course Road, Bangalore - 560 001  
Tel:080 - 22352828, Fax: 22352626

**Deputy Commissioner &  
District Tourism Committee Chairman**

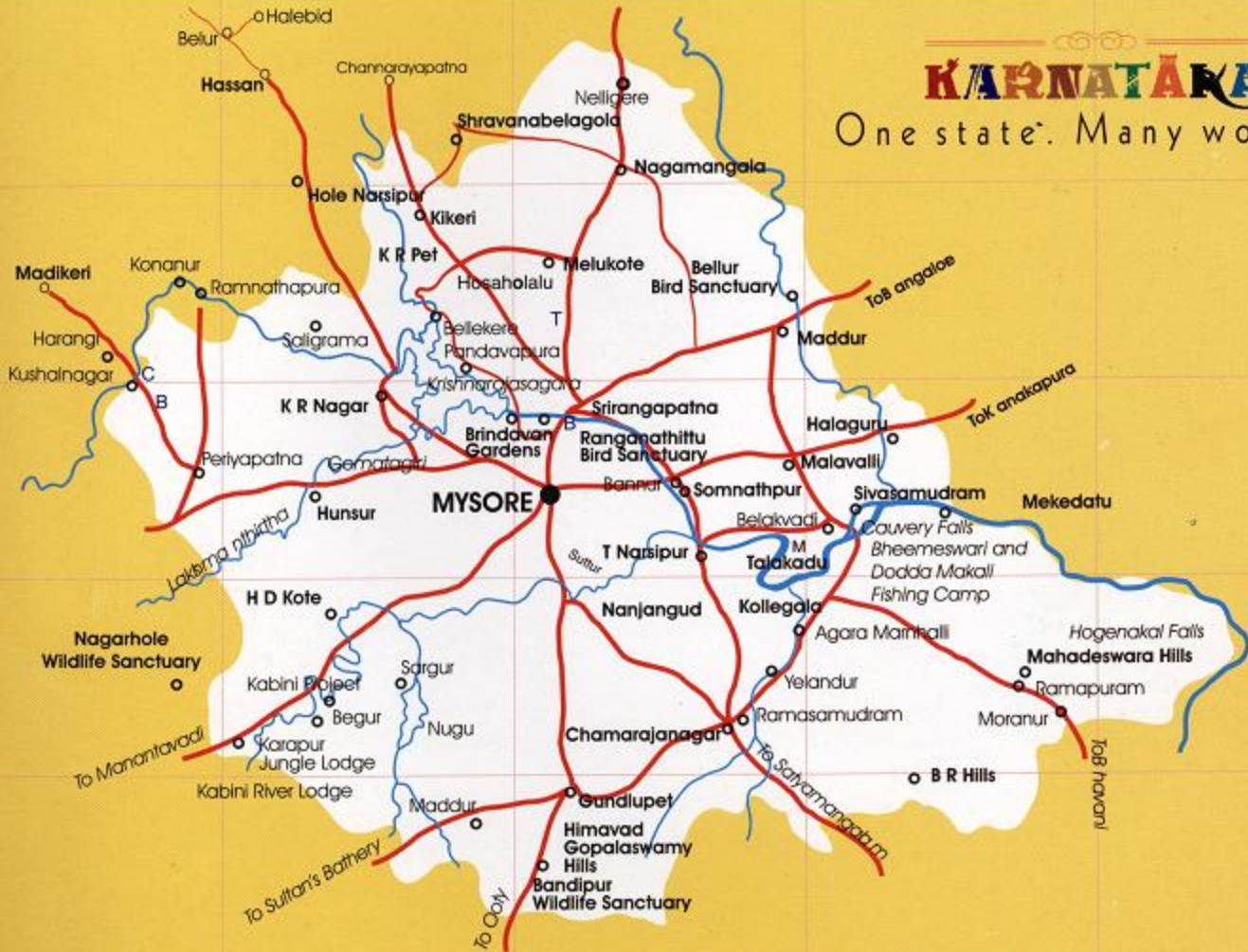
Mysore District, Mysore.  
Tel:0821 - 2422302





# KARNATAKA

One state. Many worlds.





**KARNATAKA**

One state. Many worlds.